Eastern Sandhill Cranes live and breed in areas north of Tennessee. They migrate south to find food. Young birds migrating for the first time must learn the migration route by following their parents. Sandhill Cranes migrate by soaring. They ride rising warm air currents called thermals without flapping their wings. Tennessee’s Hiwassee Wildlife Refuge provides an important wetland stop-over or staging area for sandhill cranes and other migrating birds like ducks and geese. These birds stop at the wetland to rest and feed.
In the 1940s many biologists believed that the Sandhill Crane would become extinct along with the endangered Whooping Crane. But these cranes inspired human caring and action. Conservation of wetlands and hunting restrictions helped the recovery of both our North American crane species.